

FISHBEIN/AJZEN-HANSON QUESTIONNAIRE

In this questionnaire, we ask questions that make use of rating scales with seven places. You are to make a mark (X) in the space that best describes your activity or your opinion.

FOR EXAMPLE: If you were asked to rate “The weather in Florida” on such a scale and you think the weather in Florida is quite good, then you would place your mark as follows:

“The weather in Florida is:”

good _____ : X : _____ : _____ : _____ : _____ : _____ : bad
 extremely quite slightly neither slightly quite extremely

If you think the weather in Florida is neither good nor bad, then you would place your mark as follows:

“The weather in Florida is:”

good _____ : _____ : _____ : X : _____ : _____ : _____ : bad
 extremely quite slightly neither slightly quite extremely

If you think the weather in Florida is extremely bad, then you would place your mark as follows:

“The weather in Florida is:”

good _____ : _____ : _____ : _____ : _____ : _____ : X : bad
 extremely quite slightly neither slightly quite extremely

In making the questionnaire, please remember the following:

1. **There are no right or wrong answers; we are interested in your opinion.**
2. Place your mark in the middle of the space, not on the dots.
3. Please answer all items – make one check mark on each scale.
4. Please answer each question honestly.

REMEMBER – WE ARE INTERESTED IN YOUR OPINION

1. If I do things that help me relax that is:
 bad _____ : _____ : _____ : _____ : _____ : _____ : _____ : good
 extremely quite slightly neither slightly quite extremely
2. If I do things that make me feel good that is:
 bad _____ : _____ : _____ : _____ : _____ : _____ : _____ : good
 extremely quite slightly neither slightly quite extremely
3. If I get cancer that is:
 bad _____ : _____ : _____ : _____ : _____ : _____ : _____ : good
 extremely quite slightly neither slightly quite extremely
4. If I get along with my friends that is:
 bad _____ : _____ : _____ : _____ : _____ : _____ : _____ : good
 extremely quite slightly neither slightly quite extremely
5. If I get heart disease that is:
 bad _____ : _____ : _____ : _____ : _____ : _____ : _____ : good
 extremely quite slightly neither slightly quite extremely
6. If I smell bad that is:
 bad _____ : _____ : _____ : _____ : _____ : _____ : _____ : good
 extremely quite slightly neither slightly quite extremely
7. If I do things that increase my chances for health problems that is:
 bad _____ : _____ : _____ : _____ : _____ : _____ : _____ : good
 extremely quite slightly neither slightly quite extremely

8. If I control my weight that is:
 bad _____ : _____ : _____ : _____ : _____ : _____ : _____ : good
 extremely quite slightly neither slightly quite extremely
9. If I have yellow teeth that is:
 bad _____ : _____ : _____ : _____ : _____ : _____ : _____ : good
 extremely quite slightly neither slightly quite extremely
10. If it is harder for me to breathe that is:
 bad _____ : _____ : _____ : _____ : _____ : _____ : _____ : good
 extremely quite slightly neither slightly quite extremely
11. If I spent a lot of money that is:
 bad _____ : _____ : _____ : _____ : _____ : _____ : _____ : good
 extremely quite slightly neither slightly quite extremely
12. If I do things that I enjoy that is:
 bad _____ : _____ : _____ : _____ : _____ : _____ : _____ : good
 extremely quite slightly neither slightly quite extremely
13. I intend to smoke cigarettes a month from now.
 false _____ : _____ : _____ : _____ : _____ : _____ : _____ : true
 extremely quite slightly neither slightly quite extremely
14. How often are you bored?
 frequently _____ : _____ : _____ : _____ : _____ : _____ : _____ : never
 extremely quite slightly neither slightly quite extremely
15. How often are you under a lot of stress?
 frequently _____ : _____ : _____ : _____ : _____ : _____ : _____ : never
 extremely quite slightly neither slightly quite extremely
16. How often are you around others who smoke cigarettes?
 frequently _____ : _____ : _____ : _____ : _____ : _____ : _____ : never
 extremely quite slightly neither slightly quite extremely
17. If I wanted to I could easily not smoke cigarettes during the next month.
 agree _____ : _____ : _____ : _____ : _____ : _____ : _____ : disagree
 extremely quite slightly neither slightly quite extremely
18. For me, to smoke cigarettes during the next month would be:
 nice _____ : _____ : _____ : _____ : _____ : _____ : _____ : awful
 extremely quite slightly neither slightly quite extremely
19. For me, to smoke cigarettes during the next month would be:
 pleasant _____ : _____ : _____ : _____ : _____ : _____ : _____ : not pleasant
 extremely quite slightly neither slightly quite extremely
20. For me, to smoke cigarettes during the next month would be:
 not fun _____ : _____ : _____ : _____ : _____ : _____ : _____ : a lot
 at all _____ : _____ : _____ : _____ : _____ : _____ : _____ : of fun
 extremely quite slightly neither slightly quite extremely
21. I intend to smoke cigarettes a month from now.
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely
22. Most of the time, when my friends think I should do something, I go along with it.
 agree _____ : _____ : _____ : _____ : _____ : _____ : _____ : disagree
 extremely quite slightly neither slightly quite extremely

23. Most of the time, when my mother thinks I should do something, I go along with it.
 agree _____ : _____ : _____ : _____ : _____ : _____ : _____ : disagree
 extremely quite slightly neither slightly quite extremely
24. Most of the time, when my father thinks I should do something, I go along with it.
 agree _____ : _____ : _____ : _____ : _____ : _____ : _____ : disagree
 extremely quite slightly neither slightly quite extremely
25. Most of the time, when my best friend thinks I should do something, I go along with it.
 agree _____ : _____ : _____ : _____ : _____ : _____ : _____ : disagree
 extremely quite slightly neither slightly quite extremely
26. Most of the time, when my boyfriend or sexual partner thinks I should do something, I go along with it.
 agree _____ : _____ : _____ : _____ : _____ : _____ : _____ : disagree
 extremely quite slightly neither slightly quite extremely
27. How much control do you think you have over whether you smoke cigarettes?
 no _____ : _____ : _____ : _____ : _____ : _____ : _____ : complete
 control extremely quite slightly neither slightly quite extremely control
28. When I am bored, I smoke cigarettes:
 agree _____ : _____ : _____ : _____ : _____ : _____ : _____ : disagree
 extremely quite slightly neither slightly quite extremely
29. When I am around others who smoke, I smoke cigarettes too:
 agree _____ : _____ : _____ : _____ : _____ : _____ : _____ : disagree
 extremely quite slightly neither slightly quite extremely
30. When I am under a lot of stress, I smoke cigarettes:
 agree _____ : _____ : _____ : _____ : _____ : _____ : _____ : disagree
 extremely quite slightly neither slightly quite extremely
31. If I smoke cigarettes, most people who are important to me would:
 approve _____ : _____ : _____ : _____ : _____ : _____ : _____ : disapprove
 extremely quite slightly neither slightly quite extremely
32. Do you think it would be difficult or easy for you not to smoke cigarettes during the next month.
 easy _____ : _____ : _____ : _____ : _____ : _____ : _____ : difficult
 extremely quite slightly neither slightly quite extremely
33. If I smoke cigarettes, my friends would:
 approve _____ : _____ : _____ : _____ : _____ : _____ : _____ : disapprove
 extremely quite slightly neither slightly quite extremely
34. If I smoke cigarettes, my mother would:
 approve _____ : _____ : _____ : _____ : _____ : _____ : _____ : disapprove
 extremely quite slightly neither slightly quite extremely
35. If I smoke cigarettes, my father would:
 approve _____ : _____ : _____ : _____ : _____ : _____ : _____ : disapprove
 extremely quite slightly neither slightly quite extremely
36. If I smoke cigarettes, my best friend would:
 approve _____ : _____ : _____ : _____ : _____ : _____ : _____ : disapprove
 extremely quite slightly neither slightly quite extremely
37. If I smoke cigarettes, my boyfriend or sexual partner would:
 approve _____ : _____ : _____ : _____ : _____ : _____ : _____ : disapprove
 extremely quite slightly neither slightly quite extremely

38. I intend to smoke cigarettes a month from now.
 probably _____ : _____ : _____ : _____ : _____ : _____ : _____ : probably not
 extremely quite slightly neither slightly quite extremely
39. If I smoke cigarettes, it will help me relax:
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely
40. If I smoke cigarettes, it will make me feel good:
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely
41. If I smoke cigarettes, I will get cancer:
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely
42. If I smoke cigarettes, it will make me smell bad:
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely
43. If I smoke cigarettes, it will be bad for my health:
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely
44. If I smoke cigarettes, it will help me control my weight:
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely
45. If I smoke cigarettes, it will help me get along with my friends:
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely
46. If I smoke cigarettes, I will get heart disease:
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely
47. If I smoke cigarettes, it will make my teeth yellow:
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely
48. If I smoke cigarettes, it will be harder for me to breathe:
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely
49. If I smoke cigarettes, it will cost me a lot of money:
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely
50. If I smoke cigarettes, it will be enjoyable:
 likely _____ : _____ : _____ : _____ : _____ : _____ : _____ : unlikely
 extremely quite slightly neither slightly quite extremely