Ask for Examples

1. **THE CANDIDATE**
   A. Candidate’s Background. My predoctoral research focused on improving medical patients’ quality of life and health behavior change and included a meta-analysis on mechanisms of improvement in psychosocial interventions with cancer patients (Graves, 2003) and two randomized clinical trials, one for my Master’s thesis (focused on improving depression in cardiac rehabilitation patients) and social cognitive quality of life intervention for women with breast cancer. I also collaborated on two community-based interventional cancer risk by improving diet and physical activity (Wetzel et al., 1996). Risk behaviors among high-risk youth (Sikkema et al., 2005). To enter an NCI National Research Service Award individual postdoctoral training in my sponsor, Dr. Michael Andrykowski at the University of Michigan, research, and clinical experiences in cancer prevention and control, and a randomized controlled trial of expressive writing versus the control condition. The study aimed to improve quality of life outcomes and linguistic outcomes from expressive writing (Graves, Owen, et al.).

For most at-risk individuals, genetic counseling services are covered by Medicaid, private insurance under the Affordable Care Act. Increasing appropriate genetic counseling uptake is a Healthy People 2020 priority. At-risk Latinos participate in genetic counseling and testing at strikingly lower rates than at-risk non-Latina white women. The low rate of uptake is concerning given the risk in the population combined with available risk management strategies that significantly reduce cancer morbidity and mortality among BRCA1/2 carriers.

Unfortunately, the traditional model of physician referral to individually-based, in-person genetic counseling does not appear to reach the majority of at-risk Latinos, including at-risk Latina breast cancer survivors. Reasons for the disparate uptake of genetic counseling and testing among Latinos likely include less awareness of and access to genetics services; insurance, language and cultural barriers; concerns over emotional responses to testing and competing demands and priorities.

Few studies have developed and tested interventions to improve awareness of, attitudes toward, and uptake of genetic counseling for diverse Latina cancer survivors at increased risk of carrying a BRCA1/2 mutation. Many at-risk, less acculturated Latinas have low awareness of genetic causes of cancer and few receive care from specialized high-risk clinics. When access-, linguistic- and financial-related barriers to counseling, testing and follow-up care are removed, at-risk Mexican-American women used genetic services at high...
Look to the Literature
Talk to Colleagues
Don’t (Over) Think, Just Write

Amnesty International is a worldwide human rights organization. There are over 1,000,000 members in A.I. and more than three hundred thousand of them live in the USA.

When Soldiers or police are harming ordinary people, Amnesty International finds out. The headquarters of A.I. in London sends this information all over the world to committed letter-writers.

Government officials receive hundreds or thousands of letters from ordinary people protesting the mistreatment of detainees. Governments do not like to be looked upon as cruel, barbaric, and uncivilized, even when they are being cruel, barbaric, and uncivilized!
Cut and Paste from Your Prior Work

- Be aware of copyright issues!
- Consider adapting study timelines, measure tables, conceptual figures, etc.
Seek Input as Ideas Come Together

- IdeaLab
- 5 in 5 (5 minutes with 5 slides) for initial feedback
- Mock Grant Reviews