

## Adolescent Smoking Consequences Questionnaire

**Instructions:** Below is a list of statements. We would like you to tell us what you expect to or believe will happen as a result of smoking cigarettes. If the consequence seems like it would never happen, circle number 1. If the consequence seems like it would always happen, circle number 5. However, if you expect that a consequence might happen, circle number 2; or if you expect that the consequence often happens as a result of smoking cigarettes, circle number 4.

Never	Rarely	Sometimes	Often	Always
1	2	3	4	5

### I BELIEVE/EXPECT THAT.....

	Never-----	-----	-----	-----	-----Always
1. Cigarettes taste good.	1	2	3	4	5
2. Smoking controls a person's weight or eating habits.	1	2	3	4	5
3. Smoking helps calm an angry person down.	1	2	3	4	5
4. Cigarettes help with concentration.	1	2	3	4	5
5. Smoking burns a person's throat.	1	2	3	4	5
6. Smoking helps a person forget about problems at home.	1	2	3	4	5
7. Smoking helps when a person is worried.	1	2	3	4	5
8. People look up to those who smoke.	1	2	3	4	5
9. Smoking keeps a person from eating too much.	1	2	3	4	5
10. Smoking helps a person stay slim.	1	2	3	4	5
11. Cigarettes make a person's lungs hurt.	1	2	3	4	5
12. Smoking helps if a person feels bad about him/herself.	1	2	3	4	5
13. People gain weight when they stop smoking.	1	2	3	4	5
14. Smoking can help kill time if there is nothing to do.	1	2	3	4	5
15. The look and feel of a cigarette in the mouth is good.	1	2	3	4	5

Never	Rarely	Sometimes	Often	Always
1	2	3	4	5

**I BELIEVE/EXPECT THAT.....**

	Never				Always
16. Smoking will make a person cough.	1	2	3	4	5
17. Smoking makes a person more friendly or outgoing.	1	2	3	4	5
18. Smoking makes a person seem less attractive.	1	2	3	4	5
19. Parties are more enjoyable when a person is smoking.	1	2	3	4	5
20. When someone is sad, smoking helps him/her feel better.	1	2	3	4	5
21. When someone is feeling cranky or annoyed, smoking will help.	1	2	3	4	5
22. Smoking makes a person feel older or more mature.	1	2	3	4	5
23. Smoking makes a person less hungry.	1	2	3	4	5
24. Smoking gives a person something to do with his/her hands.	1	2	3	4	5
25. When a person is upset, a cigarette helps him/her deal with it.	1	2	3	4	5
26. Hanging out with friends is more fun if everyone is smoking.	1	2	3	4	5
27. Smoking makes people look ridiculous or silly.	1	2	3	4	5
28. Smoking makes people look tough or cool.	1	2	3	4	5
29. Most popular people smoke cigarettes.	1	2	3	4	5
30. Smoking makes a person feel more comfortable around others.	1	2	3	4	5