FISHBEIN/ AJZEN-HANSON QUESTIONNAIRE

In this questionnaire, we ask questions that make use of rating scales with seven places. You are to make a mark (X) in the space that best describes your activity or your opinion.

FOR EXAMPLE: If you were asked to rate “The weather in Florida” on such a scale and you think the weather in Florida is quite good, then you would place your mark as follows:

good _________ : _________ : _________ : _________ : _________ : _________ : X : bad
extremely   quite    slightly  neither  slightly  quite  extremely

If you think the weather in Florida is neither good nor bad, then you would place your mark as follows:

good _________ : _________ : _________ : X : _________ : _________ : _________ : bad
extremely   quite  slightly  neither  slightly  quite  extremely

If you think the weather in Florida is extremely bad, then you would place your mark as follows:

extremely   quite  slightly  neither  slightly  quite  extremely

In making the questionnaire, please remember the following:
1. There are no right or wrong answers; we are interested in your opinion.
2. Place your mark in the middle of the space, not on the dots.
3. Please answer all items – make one check mark on each scale.
4. Please answer each question honestly.

REMEMBER – WE ARE INTERESTED IN YOUR OPINION

1. If I do things that help me relax that is:
   bad _________ : _________ : _________ : _________ : _________ : _________ : _________ : good
   extremely   quite    slightly  neither  slightly  quite  extremely

2. If I do things that make me feel good that is:
   bad _________ : _________ : _________ : _________ : _________ : _________ : _________ : good
   extremely   quite  slightly  neither  slightly  quite  extremely

3. If I get cancer that is:
   bad _________ : _________ : _________ : _________ : _________ : _________ : _________ : good
   extremely   quite  slightly  neither  slightly  quite  extremely

4. If I get along with my friends that is:
   bad _________ : _________ : _________ : _________ : _________ : _________ : _________ : good
   extremely   quite  slightly  neither  slightly  quite  extremely

5. If I get heart disease that is:
   bad _________ : _________ : _________ : _________ : _________ : _________ : _________ : good
   extremely   quite  slightly  neither  slightly  quite  extremely

6. If I smell bad that is:
   bad _________ : _________ : _________ : _________ : _________ : _________ : _________ : good
   extremely   quite    slightly  neither  slightly  quite  extremely

7. If I do things that increase my chances for health problems that is:
   bad _________ : _________ : _________ : _________ : _________ : _________ : _________ : good
   extremely   quite  slightly  neither  slightly  quite  extremely

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8. If I control my weight that is:
bad __________ : _________ : _________ : _________ : _________ : _________ : _________ : good
extremely       quite     slightly    neither     slightly     quite    extremely

9. If I have yellow teeth that is:
bad __________ : _________ : _________ : _________ : _________ : _________ : _________ : good
extremely       quite     slightly    neither     slightly     quite    extremely

10. If it is harder for me to breathe that is:
bad __________ : _________ : _________ : _________ : _________ : _________ : _________ : good
extremely       quite     slightly    neither     slightly     quite    extremely

11. If I spend a lot of money that is:
bad __________ : _________ : _________ : _________ : _________ : _________ : _________ : good
extremely       quite     slightly    neither     slightly     quite    extremely

12. If I do things that I enjoy that is:
bad __________ : _________ : _________ : _________ : _________ : _________ : _________ : good
extremely       quite     slightly    neither     slightly     quite    extremely

13. I intend to smoke cigarettes a month from now.
false __________ : _________ : _________ : _________ : _________ : _________ : _________ : true
extremely       quite     slightly    neither     slightly     quite    extremely

14. How often are you bored?
extremely       quite     slightly    neither     slightly     quite    extremely

15. How often are you under a lot of stress?
extremely       quite     slightly    neither     slightly     quite    extremely

16. How often are you around others who smoke cigarettes?
extremely       quite     slightly    neither     slightly     quite    extremely

17. If I wanted to I could easily not smoke cigarettes during the next month.
agree __________ : _________ : _________ : _________ : _________ : _________ : _________ : disagree
extremely       quite     slightly    neither     slightly     quite    extremely

18. For me, to smoke cigarettes during the next month would be:
extremely       quite     slightly    neither     slightly     quite    extremely

19. For me, to smoke cigarettes during the next month would be:
pleasant __________ : _________ : _________ : _________ : _________ : _________ : _________ : not pleasant
extremely       quite     slightly    neither     slightly     quite    extremely

20. For me, to smoke cigarettes during the next month would be:
not fun __________ : _________ : _________ : _________ : _________ : _________ : _________ : a lot
of fun extremely       quite     slightly    neither     slightly     quite    extremely

21. I intend to smoke cigarettes a month from now.
likely __________ : _________ : _________ : _________ : _________ : _________ : _________ : unlikely
extremely       quite     slightly    neither     slightly     quite    extremely

22. Most of the time, when my friends think I should do something, I go along with it.
agree __________ : _________ : _________ : _________ : _________ : _________ : _________ : disagree
extremely       quite     slightly    neither     slightly     quite    extremely

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23. Most of the time, when my mother thinks I should do something, I go along with it.

agree __________ : _________ : _________ : _________ : _________ : _________ : _________ : disagree
extremely quite slightly neither slightly quite extremely

24. Most of the time, when my father thinks I should do something, I go along with it.

agree __________ : _________ : _________ : _________ : _________ : _________ : _________ : disagree
extremely quite slightly neither slightly quite extremely

25. Most of the time, when my best friend thinks I should do something, I go along with it.

agree __________ : _________ : _________ : _________ : _________ : _________ : _________ : disagree
extremely quite slightly neither slightly quite extremely

26. Most of the time, when my boyfriend or sexual partner thinks I should do something, I go along with it.

agree __________ : _________ : _________ : _________ : _________ : _________ : _________ : disagree
extremely quite slightly neither slightly quite extremely

27. How much control do you think you have over whether you smoke cigarettes?

no control __________ : _________ : _________ : _________ : _________ : _________ : _________ : control
extremely quite slightly neither slightly quite extremely

28. When I am bored, I smoke cigarettes:

agree __________ : _________ : _________ : _________ : _________ : _________ : _________ : disagree
extremely quite slightly neither slightly quite extremely

29. When I am around others who smoke, I smoke cigarettes too:

agree __________ : _________ : _________ : _________ : _________ : _________ : _________ : disagree
extremely quite slightly neither slightly quite extremely

30. When I am under a lot of stress, I smoke cigarettes:

agree __________ : _________ : _________ : _________ : _________ : _________ : _________ : disagree
extremely quite slightly neither slightly quite extremely

31. If I smoke cigarettes, most people who are important to me would:

approve __________ : _________ : _________ : _________ : _________ : _________ : _________ : disapprove
extremely quite slightly neither slightly quite extremely

32. Do you think it would be difficult or easy for you not to smoke cigarettes during the next month.

easy __________ : _________ : _________ : _________ : _________ : _________ : _________ : difficult
extremely quite slightly neither slightly quite extremely

33. If I smoke cigarettes, my friends would:

approve __________ : _________ : _________ : _________ : _________ : _________ : _________ : disapprove
extremely quite slightly neither slightly quite extremely

34. If I smoke cigarettes, my mother would:

approve __________ : _________ : _________ : _________ : _________ : _________ : _________ : disapprove
extremely quite slightly neither slightly quite extremely

35. If I smoke cigarettes, my father would:

approve __________ : _________ : _________ : _________ : _________ : _________ : _________ : disapprove
extremely quite slightly neither slightly quite extremely

36. If I smoke cigarettes, my best friend would:

approve __________ : _________ : _________ : _________ : _________ : _________ : _________ : disapprove
extremely quite slightly neither slightly quite extremely

37. If I smoke cigarettes, my boyfriend or sexual partner would:

approve __________ : _________ : _________ : _________ : _________ : _________ : _________ : disapprove
extremely quite slightly neither slightly quite extremely

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38. I intend to smoke cigarettes a month from now.  
   probably ________ : ________ : ________ : ________ : ________ : ________ : ________ : probably not  
   extremely     quite     slightly     neither     slightly     quite     extremely  

39. If I smoke cigarettes, it will help me relax:  
   extremely     quite     slightly     neither     slightly     quite     extremely  

40. If I smoke cigarettes, it will make me feel good:  
   extremely     quite     slightly     neither     slightly     quite     extremely  

41. If I smoke cigarettes, I will get cancer:  
   extremely     quite     slightly     neither     slightly     quite     extremely  

42. If I smoke cigarettes, it will make me smell bad:  
   extremely     quite     slightly     neither     slightly     quite     extremely  

43. If I smoke cigarettes, it will be bad for my health:  
   extremely     quite     slightly     neither     slightly     quite     extremely  

44. If I smoke cigarettes, it will help me control my weight:  
   extremely     quite     slightly     neither     slightly     quite     extremely  

45. If I smoke cigarettes, it will help me get along with my friends:  
   extremely     quite     slightly     neither     slightly     quite     extremely  

46. If I smoke cigarettes, I will get heart disease:  
   extremely     quite     slightly     neither     slightly     quite     extremely  

47. If I smoke cigarettes, it will make my teeth yellow:  
   extremely     quite     slightly     neither     slightly     quite     extremely  

48. If I smoke cigarettes, it will be harder for me to breathe:  
   extremely     quite     slightly     neither     slightly     quite     extremely  

49. If I smoke cigarettes, it will cost me a lot of money:  
   extremely     quite     slightly     neither     slightly     quite     extremely  

50. If I smoke cigarettes, it will be enjoyable:  
   extremely     quite     slightly     neither     slightly     quite     extremely  

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