Smoking Survey

The following items ask you to describe your ability to handle smoking situations. Your answers will be kept secret. Not even your teacher or parents will see them. You do not need to write your name on the paper. Please try to answer as honestly as you can.

1. My age is ___________ years.
2. My sex is (please circle one) Male Female
3. I am in the __________ grade at school.

The following pages contain a list of situations in which young people may find themselves smoking cigarettes. Sometimes it is easier to resist smoking than at other times. In the column at the right, place the number from 1 to 6 using the scale below to show how much you could resist smoking in each case.

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>I am very sure I would smoke</td>
<td>I most likely would smoke</td>
<td>I probably would smoke</td>
<td>I probably would NOT smoke</td>
<td>I most likely would NOT smoke</td>
<td>I am very sure I would NOT smoke</td>
</tr>
</tbody>
</table>

Example

HOW SURE ARE YOU THAT YOU COULD RESIST SMOKING CIGARETTES:
When your best friend is smoking………………………………………………….2
If you think that you would most likely smoke too, then you would put a number 2 in the right hand space or the number (1 through 6) of the best answer for you.

HOW SURE ARE YOU THAT YOU COULD RESIST SMOKING CIGARETTES:

1. When you are at a friends house, no adults are home..................
2. When you are playing video games...........................................
3. When you are at the mall with friends....................................
4. When you are roller skating...................................................
5. When you are watching TV.......................................................
6. When you see others smoking................................................

HOW SURE ARE YOU THAT YOU COULD RESIST SMOKING CIGARETTES:

7. When you are doing homework..............................................
8. When you are uptight............................................................
9. When you are riding your bike

10. When you are angry

11. When you are at a party

12. When you are at school during recess or after school

HOW SURE ARE YOU THAT YOU COULD RESIST SMOKING CIGARETTES:

13. When someone offers you a cigarette

14. When you want to look cool

15. When you want to feel more grown up

16. When you are bored

17. When you want to look better

18. When you want to take a break from studying

HOW SURE ARE YOU THAT YOU COULD RESIST SMOKING CIGARETTES:

19. When you feel ashamed

20. When you are waiting to go into the movies

21. When you are waiting for someone

22. When you feel restless

23. When you are playing in your neighborhood

24. When you feel frustrated

HOW SURE ARE YOU THAT YOU COULD RESIST SMOKING CIGARETTES:

25. When you want to feel more accepted by friends

26. When you are worried

27. When you feel upset

28. When you feel down

29. When you feel nervous

30. When you are on the way home from school

HOW SURE ARE YOU THAT YOU COULD RESIST SMOKING CIGARETTES:

31. When you feel sad

32. When your best friend is smoking

33. When you are listening to rock music

34. When your friends are smoking
35. When you are by yourself…………………………………………………
36. When your brother or sister is smoking………………………………

Please check ONE of:

_____ I have never smoked a cigarette
_____ I tried smoking but gave it up
_____ I smoke sometimes, but not every week
_____ I smoke at least one cigarette a week
_____ I smoke at least one pack of cigarettes a week

Do you think you will be a smoker by the time you finish high school?

_____ YES
_____ NO

THANK YOU for your help.