Below is a list of statements about smoking. Each statement contains a possible consequence of smoking. For each of the statements below, please rate how LIKELY or UNLIKELY you believe each consequence is for you when you smoke. If you have never smoked, you are to answer according to your personal beliefs about the consequences when smoking, regardless of what other people might think.

If the consequence seems UNLIKELY to you, circle a number from 0 to 4. If the consequence seems LIKELY to you, circle a number from 5 to 9. That is, if you believe that a consequence would never happen, circle 0; if you believe a consequence would happen every time you smoke, circle 9. Use the guide below to aid you further. For example, if a consequence seems completely likely to you, you would circle 9. If it seems a little unlikely to you, you would circle 4.

Please circle your answer to each question using the scale below.

```
0  1  2  3  4  5  6  7  8  9
Completely  Extremely  Very  Somewhat  A Little  A Little  Somewhat  Very  Extremely  Completely
<-------------------------UNLIKELY---------------------><-------------------------LIKELY------------------------>
```

1. Cigarettes taste good.  
2. Smoking controls my appetite.  
3. Cigarettes help me deal with anxiety or worry.  
4. I enjoy the taste sensations while smoking.  
5. Smoking helps me deal with depression.  
6. Cigarettes keep me from overeating.  
7. Cigarettes help me deal with anger.  
8. When I smoke the taste is pleasant.  
9. I will enjoy the flavor of a cigarette.
Please circle your answer to each question using the scale below.

0   1   2   3   4   5   6   7   8   9

Completely  Extremely  Very  Somewhat  A Little  A Little  Somewhat  Very  Extremely  Completely
<------------------------UNLIKELY------------------><------------------------LIKELY------------------------>

10. I will enjoy feeling a cigarette on my tongue and lips. 0 1 2 3 4 5 6 7 8 9
11. By smoking I risk heart disease and lung cancer. 0 1 2 3 4 5 6 7 8 9
12. Cigarettes help me reduce or handle tension. 0 1 2 3 4 5 6 7 8 9
13. Smoking helps me control my weight. 0 1 2 3 4 5 6 7 8 9
14. When I'm upset with someone, a cigarette helps me cope. 0 1 2 3 4 5 6 7 8 9
15. The more I smoke, the more I risk my health. 0 1 2 3 4 5 6 7 8 9
16. Cigarettes keep me from eating more than I should. 0 1 2 3 4 5 6 7 8 9
17. Smoking keeps my weight down. 0 1 2 3 4 5 6 7 8 9
18. Smoking is hazardous to my health. 0 1 2 3 4 5 6 7 8 9
19. Smoking calms me down when I feel nervous. 0 1 2 3 4 5 6 7 8 9
20. When I'm angry a cigarette can calm me down. 0 1 2 3 4 5 6 7 8 9
21. Smoking is taking years off my life. 0 1 2 3 4 5 6 7 8 9