

Tobacco and Alcohol Problems Measure

Instructions: Here are some things that may happen in connection with smoking, alcohol, or drug use. During the past year, have you experienced any of these things? Read each one and circle your response (from 1 to 4).

- 1 = Never happened
- 2 = Happened once
- 3 = Happened twice
- 4 = Happened three or more times

During the past year:

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| 1. You worried about smoking, alcohol or drug use. | 1 | 2 | 3 | 4 |
| 2. You were told by a parent to cut down on smoking drinking or drug use. | 1 | 2 | 3 | 4 |
| 3. Told by a friend to cut down on smoking, drinking or drug use. | 1 | 2 | 3 | 4 |
| 4. Got in trouble for tobacco, alcohol or drug use at school. | 1 | 2 | 3 | 4 |
| 5. Got into fights when you were drinking. | 1 | 2 | 3 | 4 |
| 6. Broke up with a girl friend (or boy friend) because of smoking or alcohol use. | 1 | 2 | 3 | 4 |
| 7. Had trouble with school work because of alcohol or drug use. | 1 | 2 | 3 | 4 |
| 8. Left a party because there was no alcohol. | 1 | 2 | 3 | 4 |
| 9. Got in trouble with the police because of tobacco, alcohol, or drug use. | 1 | 2 | 3 | 4 |
| 10. Friends avoided you because of smoking or alcohol use. | 1 | 2 | 3 | 4 |
| 11. Used tobacco, alcohol or drugs before school. | 1 | 2 | 3 | 4 |
| 12. Got in trouble for drinking and driving. | 1 | 2 | 3 | 4 |
| 13. Had to get counseling for tobacco, alcohol or drug use. | 1 | 2 | 3 | 4 |
| 14. Used more tobacco, alcohol or drugs than you had intended. | 1 | 2 | 3 | 4 |
| 15. People told you about things you said or did while you were high, but you couldn't remember. | 1 | 2 | 3 | 4 |
| 16. You tried to cut down on smoking, alcohol, or drug use, but couldn't cut down much. | 1 | 2 | 3 | 4 |