

Standard Dependence Inventory (SDI)

(Scoring information in parentheses; delete this information prior to using form).

1. When you are in a place where smoking is forbidden, is it difficult for you not to smoke?
 - a. Very difficult (5)
 - b. Difficult (4)
 - c. Somewhat difficult (3)
 - d. Slightly difficult (2)
 - e. Not at all difficult (1)

2. Do you smoke more in the morning than during the rest of the day?
 - a. Always (5)
 - b. Usually (4)
 - c. Sometimes (3)
 - d. Rarely (2)
 - e. Never (1)

3. Do you smoke even when you are really sick?
(For example, coughing or vomiting a lot?)
 - a. Always (5)
 - b. Usually (4)
 - c. Sometimes (3)
 - d. Rarely (2)
 - e. Never (1)

4. How deeply do you inhale the smoke?
 - a. Just into the mouth (1)
 - b. As far back as the throat (2)
 - c. Partly into the chest (3)
 - d. Deeply into the chest (4)

5. How soon after waking up in the morning do you smoke your first cigarette?
 - a. When you first open your eyes (6)
 - b. Within the first 15 minutes after waking up (5)
 - c. Between 15 & 30 minutes (4)
 - d. Between 30 & 60 minutes (3)
 - e. Between 1 & 2 hours (2)
 - f. More than 2 hours (1)