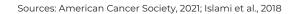
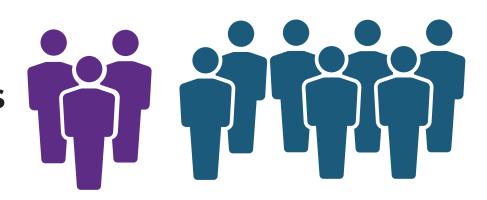
If You Have Cancer, it's Never Too Late to Quit Smoking

49% of adults diagnosed with cancer reported ever smoking cigarettes

Source: National Health Interview Survey, 2020

Smoking causes a third of all cancer deaths in the United States





If you continue to smoke after a cancer diagnosis, you may increase your

- Risk of dying from cancer
- Risk of a getting a new type of cancer
- Risk of your cancer coming back
- A Risk of problems with your cancer treatment
- Cost of your health care



Ways you can overcome barriers to quit smoking

For people who smoke, a cancer diagnosis is often accompanied by stress, guilt, and shame.

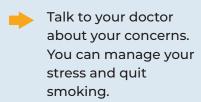
Patients with cancer

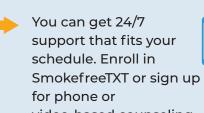
in medical

their cancer.

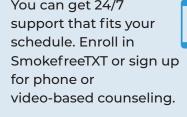
may spend a lot of time

appointments to treat





Most people who try to quit smoking do not use FDA-approved medications.



Increase your chances of quitting for good. Talk with your doctor about using both FDA-approved medication and counseling.

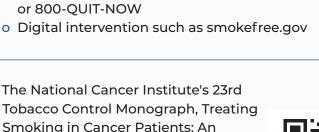
Cessation medication + counseling is proven to help you quit smoking

✔ FDA-approved medications

- Nicotine replacement therapies
 - Patch
 - Gum
 - Lozenge
 - Inhaler
 - Nasal spray
- o Non-nicotine medications
 - Bupropion
 - Varenicline

Counseling options

- o In-person
- o Telehealth
- o Quit line such as 877-44U-QUIT or 800-QUIT-NOW
- o Digital intervention such as smokefree.gov



Tobacco Control Monograph, Treating Smoking in Cancer Patients: An Essential Component of Cancer Care, concludes that quitting smoking improves the likelihood of survival, quality of life, and overall health of people with cancer who smoke.

Read more at cancercontrol.cancer.gov/monograph23 or by scanning the QR code.



smokefree.gov