

Sugar-Sweetened Beverage Consumption

Source: Common Elements Questionnaire; The EARLY Trials

1. Over the *past 30 days*, how often did you drink soda or pop?

- NEVER (**Go to question 2**)
- 1 time per month or less
- 2–3 times per month
- 1–2 times per week
- 3–4 times per week
- 5–6 times per week
- 1 time per day
- 2–3 times per day
- 4–5 times per day
- 6 or more times per day

1a. How often were these sodas or pop diet or sugar-free?

- Almost never or never
- About $\frac{1}{4}$ of the time
- About $\frac{1}{2}$ of the time
- About $\frac{3}{4}$ of the time
- Almost always or always

2. Over the *past 30 days*, how often did you drink fruit drinks (such as cranberry cocktail, Hi-C, lemonade, or Kool-Aid, diet or regular)?

- NEVER (**GO TO QUESTION 3**)
- 1 time per month or less
- 2–3 times per month
- 1–2 times per week
- 3–4 times per week
- 5–6 times per week
- 1 time per day
- 2–3 times per day
- 4–5 times per day
- 6 or more times per day

2a. How often were your fruit drinks diet or sugar-free drinks?

- Almost never or never
- About $\frac{1}{4}$ of the time
- About $\frac{1}{2}$ of the time
- About $\frac{3}{4}$ of the time
- Almost always or always

3. Over the *past 30 days*, how often did you drink sports drinks (such as Propel, PowerAde, or Gatorade)?

- NEVER
- 1 time per month or less
- 2–3 times per month
- 1–2 times per week
- 3–4 times per week
- 5–6 times per week
- 1 time per day
- 2–3 times per day
- 4–5 times per day
- 6 or more times per day

4. Over the *past 30 days*, how often did you drink energy drinks (such as Red Bull or Jolt)?

- NEVER
- 1 time per month or less
- 2–3 times per month
- 1–2 times per week
- 3–4 times per week
- 5–6 times per week
- 1 time per day
- 2–3 times per day
- 4–5 times per day
- 6 or more times per day