

Jen Poynter, PhD, MPH
Professor, Department of Pediatrics

NCI New Grantee Workshop
October 31, 2023



UNIVERSITY OF MINNESOTA
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Current Position and Research



Professor, Department of Pediatrics, University of Minnesota
Medical School

Co-Associate Director, Community Outreach and
Engagement, Masonic Cancer Center

Current Research



Career Timeline

	Position	Years	Funding	Leadership/Service
	Post-doc	2005-2008	N/A	N/A
	Assistant Professor	2008-2015	R03 R01 R03 ALSF	COG Epi Committee Journal Assoc Editor Institutional Committees NCI Study Section
	Associate Professor	2015-2023	R01 ALSF DoD UG3 R01	Associate Director, MCC T32 Exec Committee COG Leadership NCI/ALSF Study Section
	Professor	2023	UH3	

HELPFUL ADVICE I RECEIVED IN EARLY CAREER

Promotion and Tenure File



- Teaching evaluations
- Manuscript reviews
- Committees and other service
- Contact information for colleagues you meet at meetings

Find a System for Time Management

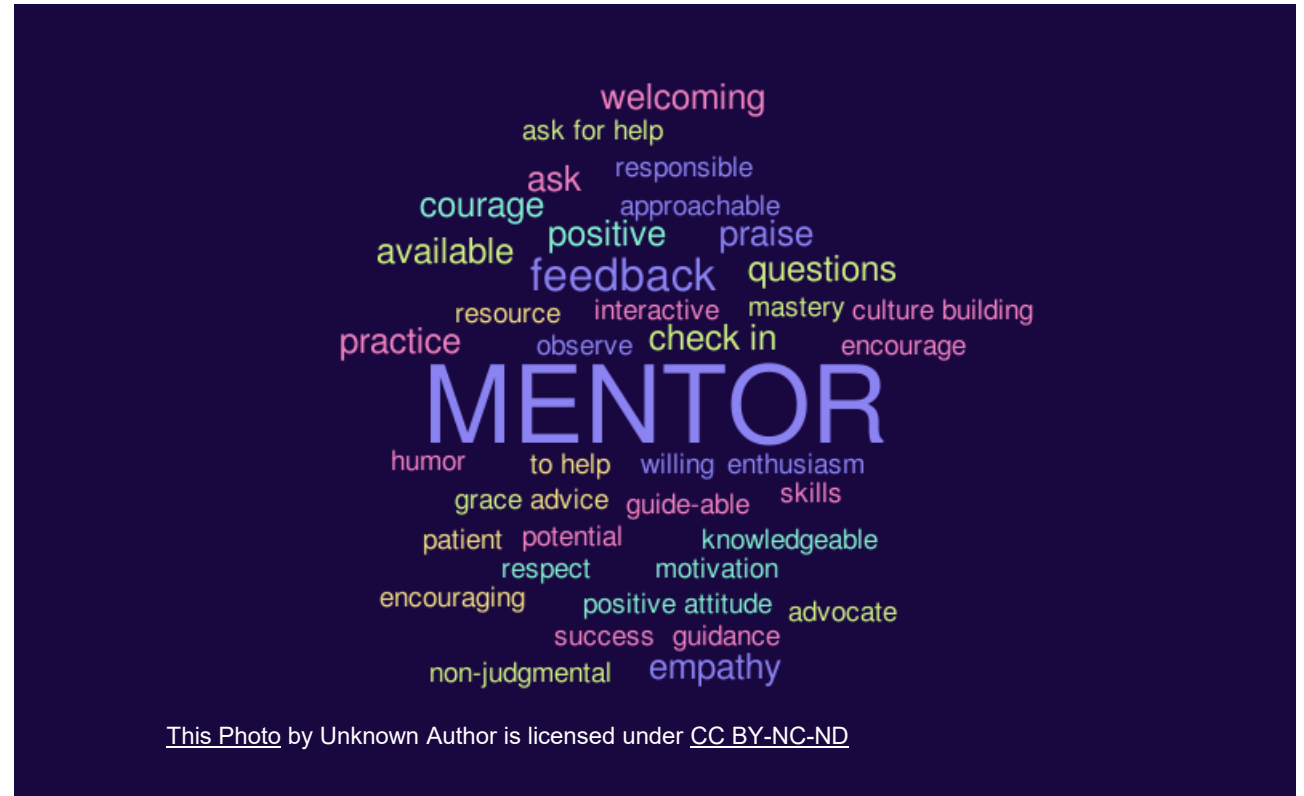
Eisenhower's Matrix



Image from: Law Professors Blog

Mentorship is Key

- Your mentorship team
 - Substantive feedback
 - Professional development
 - Access to opportunity
 - Sponsorship
 - Role models
 - Accountability
 - Intellectual community
 - Emotional support
- Becoming the mentor
 - Training opportunities
 - Mentor/mentee contracts



ADVICE I WISH I HAD RECEIVED IN EARLY CAREER

Know your brand



- Brand identity
 - Strategy and goals
 - Values and mission
 - Know your competition
 - Utilize as a decision making tool

Imposter Syndrome is Common

Original Publication

Open Access

Do I Belong Here? Confronting Imposter Syndrome at an Individual, Peer, and Institutional Level in Health Professionals

Nancy Rivera, MD, MS*, Elana A. Feldman, MD, Dimitri A. Augustin, MD, Wendy Caceres, MD, Hayley A. Gans, MD, Rebecca Blankenburg, MD, MPH

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LETTER



Imposter syndrome threatens diversity

[GEORGE P. CHROUSOS](#) AND [ALEXIOS-FOTIOS A. MENTIS](#) [Authors Info & Affiliations](#)

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Common Academic Experiences No One Talks About: Repeated Rejection, Impostor Syndrome, and Burnout

Lisa M. Jaremka¹, Joshua M. Ackerman²,
Bertram Gawronski³, Nicholas O. Rule⁴, Kate Sweeny⁵,
Linda R. Tropp⁶, Molly A. Metz⁴, Ludwin Molina⁷,
William S. Ryan⁴, and S. Brooke Vick^{8,9}

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- Imposter syndrome is prevalent in high achievers, women, and underrepresented racial, ethnic, and religious minorities

Questions

