# NIH NATIONAL CANCER INSTITUTE

## 2022-2023 Data Brief

September 2022, January 2023, May 2023

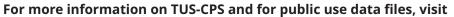


#### 2022-2023 TUS-CPS Data Now Available!

The 2022-2023 TUS-CPS covers a variety of topics relevant to tobacco control research, including:

- Tobacco product use, including cigarette, e-cigarette, cigar, smokeless tobacco, pipe tobacco, hookah, heated tobacco products, and nicotine pouches
- Current use and ever use of nicotine pouches
- Switching to nicotine pouches to quit cigarettes/cigars
- Cost of e-cigarettes, cartridges, and e-liquid

- · Cost of cigarettes and purchase location
- Menthol and other flavored tobacco product use
- Quitting behaviors and cessation aids
- Switching to other tobacco products
- Attitudes toward smoke-free policies in public places, workplaces, and multi-unit housing



cancercontrol.cancer.gov/tus-cps

#### **Current Use of Tobacco Products**

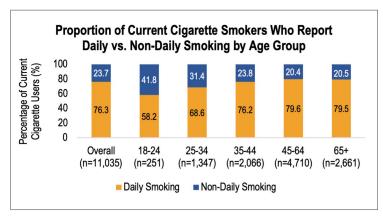
|                   | Prevalence of Current Use (%) |                 |
|-------------------|-------------------------------|-----------------|
| Tobacco Product   | All Adults (%)                | 18-24 Years (%) |
| Any               | 14.3                          | 12.1            |
| Cigarettes        | 8.9                           | 3.4             |
| E-cigarettes      | 3.0                           | 7.9             |
| Cigars            | 2.4                           | 1.9             |
| Smokeless Tobacco | 1.2                           | 0.9             |
| Hookah            | 0.4                           | 0.4             |
| Pipe              | 0.2                           | 0.1             |
| Heated Tobacco    | 0.1                           | 0.2             |
| Nicotine Pouches  | 0.5                           | 0.7             |
| Multiple Products | 2.1                           | 2.7             |
|                   |                               |                 |

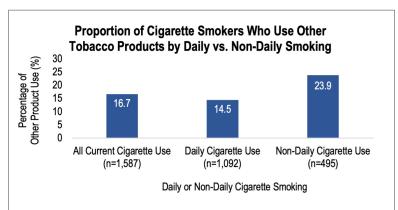
According to 2022-2023 data, 14.3% of U.S. adults reported any current tobacco use. Among all adults, the most commonly used tobacco product was cigarettes (8.9%). Among young adults aged 18-24, the most commonly used tobacco product was e-cigarettes (7.9%). Current use of multiple tobacco products was more common among young adults compared to adults overall (2.7% vs. 2.1%, respectively).

Notes: Any current tobacco product use is defined as using at least one of these products every day or some days. Current cigarette smoking is defined as smoking at least 100 cigarettes and currently smoking every day or some days. Current use of other tobacco products is defined as using non-cigarette products every day or some days. Current use of multiple tobacco products is defined as using more than one type of product every day or some days.

#### **Smoking Frequency**

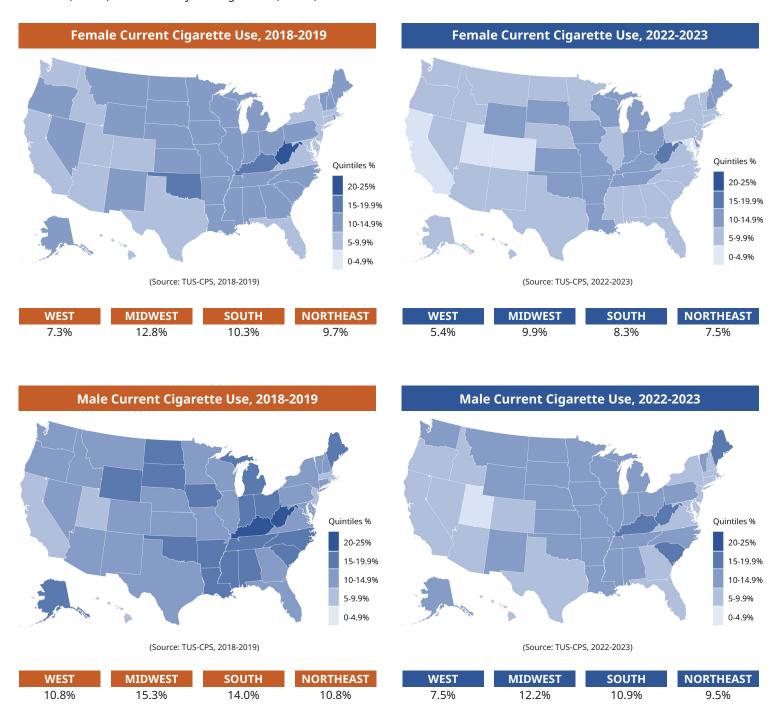
Across all age groups, most people who used cigarettes reported smoking daily. The percentage of adults who currently smoke and who reported daily use was larger in older age groups (see left figure below). Nearly twice as many non-daily smokers reported using multiple tobacco products compared to daily smokers (see right figure below).





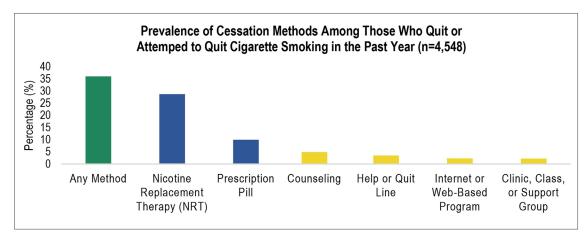
### Current Cigarette Smoking Status by Sex and Region - 2018-2019 vs. 2022-2023

In 2022-2023, 8.9% of adults reported current cigarette use, a decrease from 11.4% in 2018-2019. In 2022-2023, more males reported current smoking than females (10.1% vs. 7.8%). Reported prevalence of current smoking was highest in the Midwest (9.9% of females and 12.2% of males). In most states, the percentage of current smokers decreased or remained relatively stable for both females and males, compared to the previous TUS-CPS wave. In 2022-2023, Utah had the lowest prevalence of current smoking among both females (3.8%) and males (4.9%). West Virginia had the highest prevalence of current smoking among females (15.5%) and Kentucky among males (17.6%).

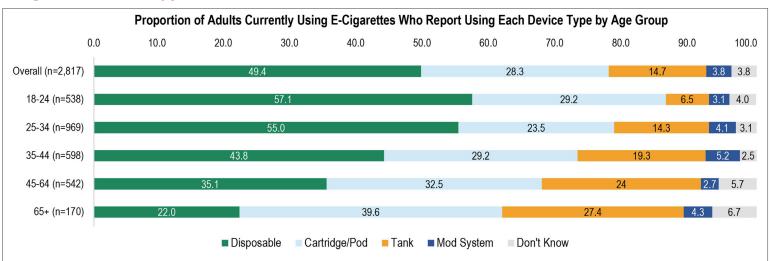


#### **Recent Quit Attempts**

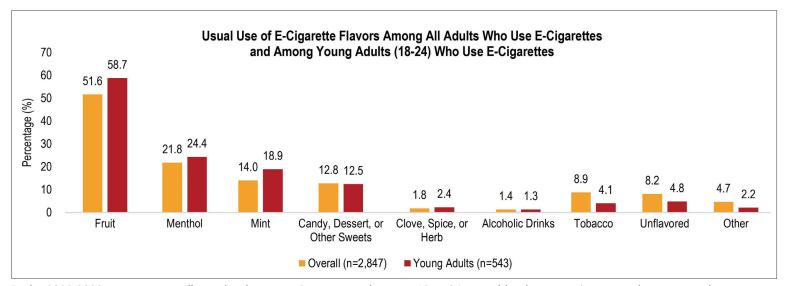
41.6% of respondents who smoked cigarettes 12 months prior to the survey made a quit attempt in the past year; of those, 36.1% used a cessation method during their quit attempt, and 63.9% did not. Pharmaceutical options (blue) were reported more often than behavioral options (yellow).



### **E-Cigarette Device Types and Flavors**



Across most age groups, the most used e-cigarette device type was disposable. However, among adults 65 and older, the most used device type was cartridge/pod.



In the 2022-2023 wave, among all people who use e-cigarettes and among 18-to-24 year olds who use e-cigarettes, the most used e-cigarette flavors were fruit (51.6% among adults overall; 58.7% among young adults) and menthol (21.8% overall; 24.4% young adults).

**Methodology Notes:** This brief uses data from 114,206 self-respondents of the 2022-23 TUS-CPS. Estimates exclude participants with indeterminate responses (i.e., no response, refused, don't know) and for whom the item was not applicable. Estimates were generated using self-response survey and replicate weights. TUS-CPS tobacco use prevalence estimates may differ slightly from those produced by other national tobacco use surveys due to differences in methodology. For more information on the methodology of TUS-CPS visit <u>cancercontrol.cancer.gov/brp/tcrb/tus-cps/results/2022-2023</u>.