

# RESEARCH PRACTICE PARTNERSHIP: SUPPORTING MONTANA'S SURVIVORSHIP PROJECT

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## BACKGROUND

This Research-Practice-Partnership (RPP) focused on supporting partners across Montana in **addressing rural cancer survivorship**. The project utilized the Healthy People 2020 **MAP-IT framework** to guide and support two initiatives:

- Survivorship navigation resources and trainings in a single community health center system (OneHealth)
- Develop, create, implement, and evaluate provider and care team education (ECHO and Webinar series)

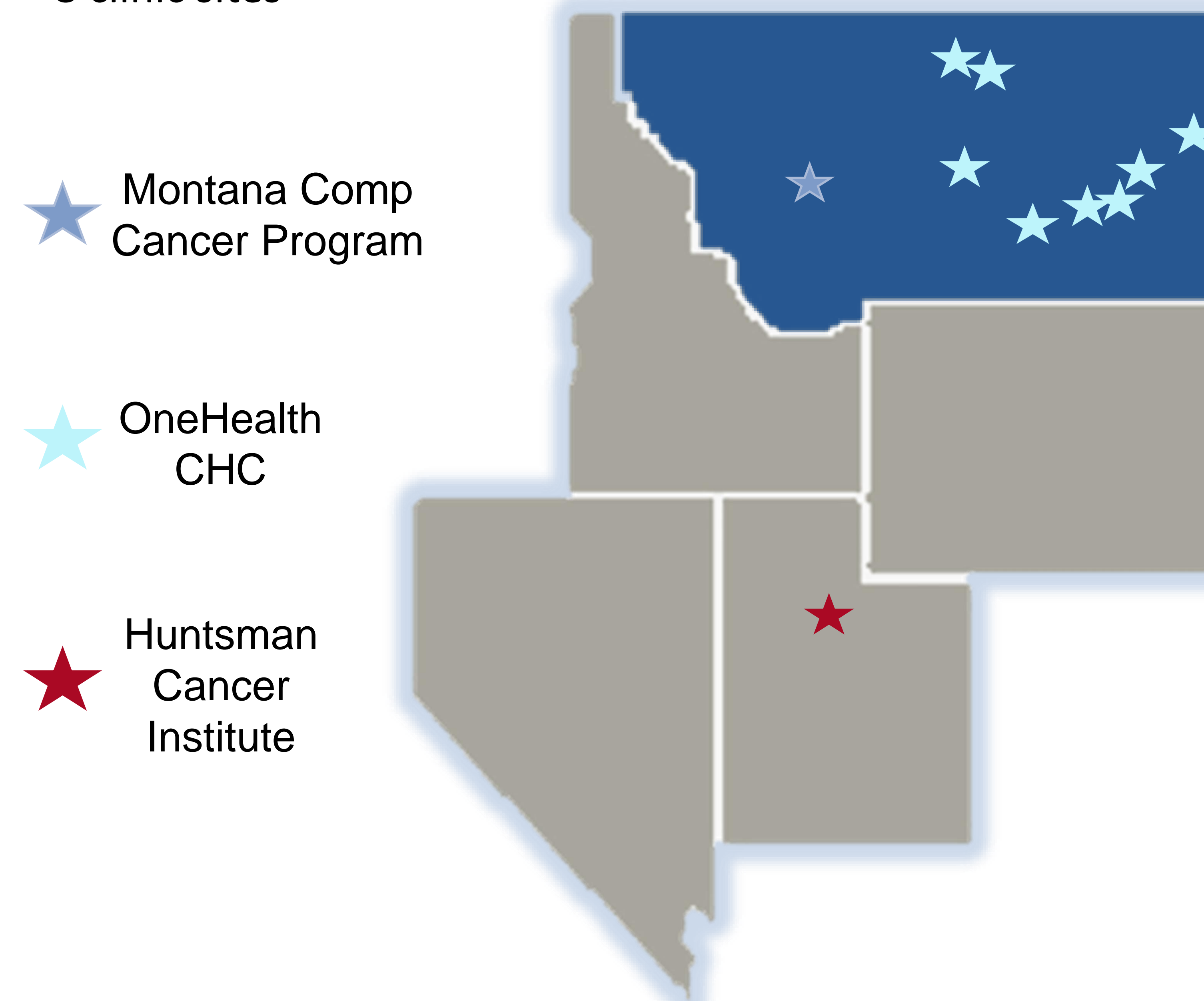


## MONTANA

- 5<sup>th</sup> most rural state
- 81,000 adult cancer survivors
- In Huntsman Cancer Institute's catchment area

## ONEHEALTH COMMUNITY HEALTH CENTER

- 9,000 plus patients served annually
- 25% of patients are American Indian/Alaska Native
- 5 sites considered very rural
- 8 clinic sites



“The rural cancer survivorship project is a tangible step to providing much-needed resources to our cancer survivors in small rural towns: those who live 100 miles or more from their doctors, are home-bound patients, and those who suffer in silence, not realizing they can take steps to ease the physical and mental symptoms of cancer and treatment.”

-Melanie Frame, RN, OneHealth Community Health Centers

## OUTCOMES

### SURVIVORSHIP NAVIGATION AT ONEHEALTH

- Process developed and data identified to find survivors
- Workflow created for Community Health Advocates (CHAs) to connect with survivors
- Resource and trainings guides developed to support CHAs who work with survivors

### PROVIDER EDUCATION

#### ECHO SERIES

- 6 sessions
- 33 individuals who serve cancer survivors attended
- 7 health systems represented
- 91% of participants reported an increase in knowledge

#### ECHO TOPICS

- COVID-19 risks
- Social & emotional challenges
- Cancer care plans
- Oncologist communication
- Data coordination
- Young /adolescent survivors

#### SHORT WEBINAR TOPICS

- Financial toxicity
- Tobacco and alcohol use
- Suicidality
- Nutrition & physical activity
- Integrative medicine



Montana Primary Care Association

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